BEHAVIORISM

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cells, then control of the individual, and finally control of the masses."

According to Dr. Meerloo, the "seducer" —a most appropriate term — employs a wide range of negative stimuli to bring about the enforced conversion. The object of his conditioning is subjected to physical pressure, moral pressure, fatigue, hunger, boring repetition, and confusion by seemingly logical syllogisms. The victim suddenly finds himself in a state of confusion because he has been maneuvered into a state of mind where he no longer can think logically and nothing has any validity. His previous beliefs and concepts have been "unlearned," and he has not yet found new ones — a condition which psychiatrists call mental disintegration or depersonalization. The victim becomes like a lost soul, filled with fear and hopelessness.

In a society which is still relatively free, this type of mental coercion is not possible . . . But these same techniques have been transferred to a system for mass delusion, a system which is highly effective in its objective of instilling totalitarian thinking after first undermining basic morality and /or previously held concepts and ideas.

While the common term for this system is "Sensitivity Training," it may be called any number of names . . . Within the Roman Catholic Church, a movement employing the Pavlovian techniques reportedly was conceived in Majorca in 1949, carried to continental Spain, and has now spread throughout the Spanish-speaking world as well as to the United States. It is called "Cursillo," or "little course in Christianity," and its impact on the Church of Rome while not publicized widely — has been enormous . . . "

It should be noted that Sensitivity Training had its first tryout in Soviet Russia, where it was called SAMA KRITICA, or Mutual Criticism (Group Confession). Also, it should be noted that certain American educators — John Dewey, William Heard Kilpatrick, Carleton Wolsey Washburne, and others — actually left the United States for extensive visits to the Soviet Union (1928-1931) to observe and approve the Russian educational system, where this SAMA KRITICA was being developed and applied.

According to Mrs. Faber, the system was used on the entire population in Russia (a subject people in their own land, they had to submit, or be sent to labor camps), and in charge of the operation was the Russian Secret Police, which is why Beria was the top specialist in the system. Writes Mrs. Faber:

"The mechanics of the system, as it was conducted by the Russian Secret Police, were simple: First, the entire population was divided into small groups or "collectives" of from ten to twenty persons. Each group was required to meet regularly and on a permanent basis, so that the members would become dependent on the group. At each meeting, the group was seated in a circle facing one another without a barrier, and each person took his turn in criticizing himself for every fault, no matter how trivial. Then each person was encouraged to tell the other group members how he felt about them and what he believed their shortcomings to be.

"The object, of course, was to locate the 'individual' thinker who might be a potential troublemaker because he was a nonconformist. The added value to the communists was that SAMA KRITICA also created distrust among the people, and isolated them from one another through fear, making their control by the police more simple to accomplish."

At about the same time SAMA KRITICA was being perfected in Russia, the late Frank Buchman was giving the same system of control a "religious cloak" and trying it out among students at Oxford University in England. Then called "Buchmanism," later the "Oxford Movement," and still later "Moral Rearmament;" this movement used the same "group confessional" technique as was being used in Russia. An article appearing in the May 17, 1928, issue of the LONDON DAILY TELEGRAPH reported:

FRANK D. BUCHMAN, Lutheran minister from Princeton, N.J., father of MORAL REARMAMENT or BUCHMANISM, semi-religious movement which later became known as the OXFORD GROUP. The latter emerged in the 1920's as a proponent of licentiousness and immorality. Despite early rejection, Buchmanism continued to spread especially among leftists and one worlders. MRA adopted same "confessional technique" as used in Russia. Buchman gave Sensitivity Training a "religious cloak." It may yet become the new world RELIGION — HUMANISM—to which people of any or no faith are welcome.

"In the women's colleges, Buchmanism is procuring the worst effects attendant on perverted religious mania. . . . (a 'group' is) a gathering of perhaps four or five friends . . . Here, in an atmosphere hovering between giggles and fanaticism, restraint is flung aside, souls are laid bare by hysterical confession, and, with a fervour which no longer pretends to be religious, the tenets of the doctrine are discussed. Now, Buchmanism attributes to Christianity a four-fold foundation of honesty, unselfishness, purity and love. It is worthy of remark that the first two qualities are seldom considered worthy of discussion. Honesty, in fact, is not a conspicuous feature of these proceedings, from which the skeptical are excluded, and in which the perfervid are virtually hoodwinked. . . . devotion to the cult is producing results not usually associated with the practice of Christianity. The authorities appear to be alarmed, but remain apathetic . . . "

MORAL REARMAMENT, a form of voluntary Sensitivity Training no longer even claiming to be "religious" but welcoming people of any or no faith — even the communist — grows by leaps and bounds and singouts; "the authorities appear to be alarmed, but remain apathetic."

Meanwhile, back in the educational arena, SAMA KRITICA, or Sensitivity Training, was being developed for use in the schools by behavioral scientists of the NATIONAL EDUCATION ASSOCIATION. A report published by The Network of Patriotic Letter Writers of Pasadena, California, traces the history of its adaptation to other areas of society:

"The State of Connecticut was the incubator in which THE NATIONAL TRAINING LABORATORIES IN GROUP DYNAMICS was born in 1946, at a special meeting of the Connecticut Interracial Commission, the Connecticut staff of the NATIONAL CONFERENCE OF CHRISTIANS AND JEWS, and the State Department of Education. Social psychologist Kurt Lewin headed the research staff, which included Ronald Lippitt of the Research Staff for Group Dynamics; Kenneth Benne, then of Teachers College, Columbia University; and Leland P. Bradford, director

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"When I was posing as a communist for the FBI for nine years, up to one-third of the Party's Professional unit was involved in social, health and welfare work. They included psychiatrists, psychologists, medical doctors and social, health and welfare workers. The primary purpose of every one of these Party members is to use his or her profession to promote Communist revolution in America.—Matt Cvetic, former FBI undercover agent.

BERIA – NKVD AGENT SPEAKS ON PSYCHOPOLITICS

American students at the Lenin University, I welcome your attendance at these classes on Psychopolitics.

Psychopolitics is an important if less known division of Geo-politics. It is less known because it must necessarily deal with highly educated personnel, the very top strata of "mental healing."

By psychopolitics our chief goals are effectively carried forward. To produce a maximum of chaos in the culture of the enemy is our first most important step. Our fruits are grown in chaos, distrust, economic depression and scientific turmoil. At least a weary populace can seek peace only in our offered Communist State, at last only Communism can resolve the problems of the masses.

A psychopolitician must work hard to produce the maximum chaos in the fields of "mental healing." He must recruit and use all the agencies and facilities of "mental healing." He must labor to increase the personnel and facilities of "mental healing" until at last the entire field of mental science is entirely dominated by Communist principles and desires.

To achieve these goals the psychopolitician must crush every "home-grown" variety of mental healing in America. Actual teachings of James, Eddy and Pentecostal Bible faith healers amongst your misguided people must be swept aside. They must be discredited, defamed, arrested, stamped upon even by their own government until there is no credit in them and only Communist-oriented "healing" remains. You must work until every teacher of psychology unknowingly or knowingly teaches only Communist doctrine under the guise of "psychology." You must labor until every doctor and psychiatrist is either a psycho-politician or an unwitting assistant to our aims.

You must labor until we have dominion over the minds and bodies of every important person in your nation. You must achieve such disrepute for the state of insanity and such authority over its pronouncement that not one statesman so labeled could again be given credence by his people. You must work until suicide arising from mental imbalance is common and calls forth no general investigation or remark.

With the institutions for the insane you have in your country prisons which can hold a million persons and can hold them without civil rights or any hope of freedom. And upon these people can be practiced shock and surgery so that never again will they draw a sane breath. You must make these treatments common and accepted. And you must sweep aside any treatment or any group of persons seeking to treat by effective means.

You must dominate as respected men the fields of psychiatry and psychology. You must dominate the hospitals and universities. You must carry forward the myth that only a European doctor is competent in the field of insanity and thus excuse amongst you the high incidence of foreign birth and training. If and when we seize Vienna you shall have then a common ground of meeting and can come and take your instructions as worshippers of Freud along with other psychiatrists.

Psychopolitics is a solemn charge. With it you can erase our enemies as insects. You can cripple the efficiency of leaders by striking insanity into their families through the use of drugs. You can wipe them away with testimony as to their insanity. By our technologies you can even bring about insanity itself when they seem too resistive.

You can change their loyalties by psychopolitics. Given a short time with a psychopolitician you can alter forever the loyalty of a soldier in our hands or a statesman or a leader in his own country, or you can destroy his mind.

However, you labor under certain dangers. It may happen that remedies for our "treatments" may be discovered. It may occur that a public hue and cry may arise against "mental healing." It may thus occur that all mental healing might be placed in the hands of ministers and be taken out of the hands of

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